

Parker Senior Center

JULY



2019

Open Monday – Friday

8:00 to 4:00

10675 Longs Way

Parker, CO 80138

303-841-5370

parkerseniorcenter.org

Daily & Weekly Activities

Monday

8:30-9:30 Exercise Class
 9:30-12:00 Canasta
 11:00-11:45 Tai Chi \$3.00
 1:00-4:00 Game Day
 1:00-2:30 Bingo*
 1:00-4:00 Mahjong
 5:00-5:30 Suzercise \$3.00

Tuesday

8:30-9:30 Line Dance *Beginning*
 9:00-12:00 Creative Arts
 9:00-12:00 Fabric Painting
 1:00-3:30 Scrabble
 1:00-4:00 Bridge
 5:30-7:30 Dbl Deck Pinochle

Wednesday

8:30-9:30 Exercise
 9:30-10:00 Suzercise \$3.00
 9:00-12:00 Ceramics
 1:00-4:00 Pinochle
 1:00-4:30 Bridge *Duplicate*

Thursday

9:00-11:00 Line Dancing
 10:00-12:00 Painting*
 1:30-3:00 Bunco*
 1:00-3:30 Woodcarving
 5:00-5:30 Suzercise \$3.00

Friday

8:30-9:30 Exercise
 9:30-10:00 Suzercise \$30.0
 10:30-11:30 Meet an Greet
 9:30-11:00 Five Crowns*
 11:00-12:30 Bridge *Lessons*
 1:00-3:00 Needle Works
 1:00-4:00 Mahjong
 1:00-4:30 Dup. Bridge

Activity Chairs

Canasta - G. Foxworthy
 Card Making – L. Martin
 Casino Trips – M. Britton
 Ceramics – D. Drinnon
 Coffee & Conversation – A. Helmus
 Creative Arts – M. Froberg
 Bingo – M. Castro
 Breakfast Club – J & Y Quiggle
 Bridge – J. Lyons
 Bridge *Duplicate* – S. Goeser
 Bridge *Lessons* – J. Yarrison
 Bunco – L. O'Clair
 Bus Trips – S. Anderson, R. Whalen
 Exercise Class – J. Hitchins, A. Lalich
 Fabric Painting – M. Oberem
 Five Crowns – M. Oliver-Stumpf
 Mahjong – D. Davis
 Library – D. Taylor
 Line Dancing – M. Smith
 Line Dancing, *Beginning* – T. Lewis
 Out to Dinner – J. Roger
 Pinochle – M. Britton
 Pinochle *Double Deck* – D. Horton
 Needle Works - L. Hanson
 Red Hatters – V. Guyot
 Sunshine Group – Y. Quiggle
 Suzercise – S. Hoaglund
 Tai Chi – P. Perdaris
 Woodcarving – R. Hanson

***Bingo** last Monday

***Bunco** last Thursday

***Painting** 1st, 3rd & 4th Thursday

***Five Crowns** 3rd Friday

***Card Making** 2nd Thursday

Meals & Transportation

Lunch \$4.00 Monday thru Friday served promptly at 12:00 noon. Please call at least **24-hours** in advance for a reservation. Popular meals sell out fast. *Chef: Joe Fabio 303-841-5370*

Transportation Grant-funded transportation is available by calling Aging Resources of Douglas County **303-814-4300**. For information about transportation options and other resources for seniors, please call *Louise West at 303-841-5370*.

Board Meeting - July 11, 12:45 p.m.

- President – **Charlene Dame**
- Vice President - **Toni Laursen**
- Secretary – **Carolyn Abey**
- Treasurer – **Sandy Onnen**
- Director 1 – **Rachele Vittorio**
- Director 2 – **Patsy DeLaSalle**
- Director 3 – **Rich Foerster**
- Outside Director 1 – **Miles Hamburg**
- Outside Director 2 – **Adrienne Evenson**

Director – **Jan Dengal**

Newsletter designed by Jan Dengal. Submissions for the newsletter **must be received by 15th of prior month.**

Monthly Activities

Bingo – July 29, 1:00 – 2:30

Bingo is played the last Monday of every month. **Bring your nickels!** Winner takes all!

Chair: Mary Castro 303-564-5747

Breakfast Club – July 10, 8:30

Meet at Village Inn at 8:30 am. The Breakfast Club meets on the 2nd Wednesday of each month.

Please join us! *Chair: Jack Quiggle 303-805-9693*

Bunco – July 25, 1:30 – 3:00

Bunco is played on the last Thursday of every month. \$2.00 to play! Winner takes all!

Chair: Linda O'Clair 303-841-2495.

Card Making Class – July 11, 10:00

2nd Thursday of each month (10:00-12:00). Class is **limited to 10** people. Fee is \$5.00 for materials, but please bring your own adhesive. To sign up for this class, you **must call Linda** (no sign-up sheet). *Instructor: Linda Martin 720-851-6694*

Casino Bus – July 18, 8:30

The Casino Bus leaves **promptly at 8:30 am**. Please be here **no later than 8:15**. Casino trip is \$10.00 per person. Sign up at Center and please call if you're not going to make it.

Chair: Mima Britton 303-517-6599.

Five Crowns – July 19, 9:30

Five Crowns card game on the 3rd Friday of each month. \$1.75 to play. Please bring **7** quarters.

Chair: Marjorie Oliver-Stumpf 303-841-3004

Foxy Red Hatters – July 9, 11:30

Café Terracotta Victorian House, 5649 S. Curtice Street in Littleton. Driving directions are available at the Center. Meet there at 11:30. Sign up at the Center. *Chair: Val Guyot 303-690-4293*

Out to Dinner – July 17, 4:30

August Moon Asian Grill & Bar, 18651 Mainstreet. Meet there at 4:30. Please sign up as we need to make reservations – space is limited to 22. *Chair: John Roger 303-805-8428*

We are closed Thursday, July 4th

Membership Meeting, August 7 at 12:30

“Coffee and Conversation”



Get connected! Join your fellow members for a cup of coffee on Fridays at 10:30. This is an informational meeting on what goes on at the Center and how you can participate. Come make a new friend. *Hosted by Arlene Helmus 303-795-1770*

Fridays at 10:30 in the Conference Room

Safe Driver Class

Tuesday, July 16
8:15 to 12:30

The AARP Smart Driver Course designed especially for drivers age 50 and older. Insurance discounts may be applicable.

Cost: \$15 AARP members
\$20 non-members

Sign up at the Center. Payment (checks only, please) is due on the day of the class and paid to the instructor. **Class is limited to 20 people.**

Larry McLaughlin, 303-741-1403



LUNG SPIROMETRY TESTING

August 2
10:00 to 12:00

CONFERENCE ROOM
DOWNSTAIRS

Carolyn Holyfield
720-480-0111

MEDICARE RIGHTS

- ❖ Appeals Process
- ❖ Medicare Savings Plan

Tuesday, July 9
11:00 to 12:00

CONFERENCE ROOM
DOWNSTAIRS

Do you have questions about your Medicare? Have your questions answered and learn about the **Appeals Process** and **Medicare Savings Plan**. Please sign up at the Center.

Andrea Hinman
303-699-2026

Parker Senior Center **Craft Fair** 2019 **October 11-12**

This is a **"hand-crafted items only"** event. Imported items and sales representatives are not permitted. Accepting Registration **now** (forms located in the front office). Members \$30; Non-Members \$45.

Chairperson: Jerry Yarrison 303-841-2709

Calling Candidates

It's time to start searching for candidates for our Board of Directors election in November. The following positions are open this year with term starting in 2020:

President, Secretary,
Director 1, Director 3

Candidates must be a member for six months
See Jan for more information on these positions..

Happy Birthday

Wanda Acevedo 17
Christina Acosta 30
Karen Albright 28
Margit Augustini 29
Bill Barnes 5
Elizabeth Belisle 13
Marcia Bergstad 22
Doris Brogden 12
Terry Chase 1
Martha Conard 31
John Coppola 16
Richard DeJongh 20

Donald Doerr 20
Bruce Ekins 17
Ann Evans 27
Janet French 10
David Goodlett 28
Roger Hanson 10
Leslie Hanson 20
Carol Hoffman 18
Cy Hughes 17
Brenda Jennings 15
Robert Kerrian 24
Joe Lapoint 18

Wendy Leahey 11
Ron Letheby 25
Mary Leuenberger 9
Frances Lukaszewski 24
Frank Martinez 21
Rosa Mazzella 18
Peggy McMullen 11
Carrie McWilliams 6
Maxine Morey 1
Judy Presley 11
Linda Purkey 4
Catherine Rothhammer 9

Susan Schneider 3
Corky Shaha 15
Richard Smith 28
Margaret Smith 30
Linda Sonsiadek 2
Arlene Stevens 22
Donzie Taylor 9
Kathy Utecht 17
Vilma Vega 19
Jessie Wagner 16
Gwen Wilhelm 13
Joy Woolaway 9
Ellie Yoakam 11

Happy Anniversary

James & Karen Albright
Doug Dianna Arienta
Robert & Susan Carlin
Edward & Elli Dalgard
John & Lynda Edwards
Dennis & Karen Ehrbar

Marvin & Shirley Emmons
Rich & Donna Foerster
Denver & Nora Fox
Dee & Gloria Foxworthy
Steve & Sara Gutknecht
David & Vicky Holien

Bill & Sue Houglund
Ken & Janet Lantz
Robert & Janice Leigh
Ron & Beth Letheby
Paul & Mary Lillmars
David & Frances Lukaszewski

Don & Elodji Means
Ken & Fran Petrie
Jack & Yvonne Quiggle
John & Carolyn Radmonski
Ed & Cathy Tutko
Bill & Kathy Utecht

July Menu

Lunch is \$4.00 and served promptly at 12:00 noon.
Please call ahead for a reservation 303-841-5370

Monday

Tuesday

Wednesday

Thursday

Friday

1

*Chicken
Fried
Chicken*

2

*Chop
Steak
Potato Salad
& Cole Slaw*

3

*Smoked
Tilapia*

4

*Happy Birthday USA
CLOSED*

5

*NO
LUNCH
SERVED
TODAY*

8

*Chicken
Marsala*

9

*Mesquite
Smoked
Spare Ribs*

10

*Lemon
Baked Sole*

11

*Chicken
Parmagiana*

12

*Hot Roast
Beef*

15

*Teriyaki
Steak*

16

*Sausage
&
Peppers*

17

*Lemon Pepper
Turkey &
Dressing*

18

*Spaghetti &
Meatballs*

19

*Honey
Smoked
Salmon*

22

*Swiss
Steak*

23

*Broiled Pork
Chops*

24

*Parmesan
Crusted
Tilapia*

Served at 12:00

*Beef
Stroganoff*

26

*BBQ
Chicken*

Birthday/Anniversary

29

Beef Stew

30

*Asian
Chicken
Salad*

31

*Fish &
Chips*

Reminder

If you come into the Activity Room, please be respectful of the scheduled activity in progress. Our main Activity Room is reserved for scheduled activities only.

Thanks ☺



We made **\$6,128** at our Parker Days Parking Lot Fundraiser! A huge **THANK YOU** to the following volunteers who worked this event and to those who worked extra shifts to cover empty shifts. A special **THANK YOU** to **Rich Foerster** (and Donna) for working and chairing this event!

Carolyn Abey*	Dora Goins	Helen Morgan
Skip Abey*	Wilma Hall	Sandy Onnen
Jerry Alexander*	Josephine Herzer	Joan Power
Betty Anderson*	Marcus Knotts	Meg Ricke
Sherri Anderson*	Tom Lane*	Arlene Stevens
Charlene Dame	Carlton Laursen*	John Tate
Donna Davis*	Toni Laursen*	Lou Vittorio*
Dave Durant*	Barbara Macaluso	Rachele Vittorio*
Kathleen Ekins	Sylvia Martin	Mike Whalen*
Terri Garcia*	Janice Matlack	Rose Whalen*

**Worked extra shifts and did extra jobs*

Gift Card Raffle Makes \$1,316

Our Gift Card Raffle was a huge success! We made **\$1,316!** This is pure profit because all cards were donated. Thanks to **Val Guyot** who went around town asking for donations. This fundraiser was her idea and I can't wait to see what she comes up with next!

Congratulations to our Winners!

and thank you to everyone who purchased tickets



Tagawa Fundraiser \$102.92

*Thank you for shopping at Tagawa to help us raise money! Thank you. **Rose Whalen** for organizing this fundraiser.*

Rich Foerster is working with several Eagle Scouts to complete some projects around the Center. Eagle Scout, Josh Booher and Troop 541, recently zero-scaped the area around our sign. Upcoming projects are putting a **shelter** over the center section of our parking lot and building a **bocce ball** court.



Scouts landscaping area around our sign. Thank you!



BUS TRIPS



Read **before** you sign up for a trip

- **Signup:** Sign up day is the 1st **Monday** of each month beginning at 8:00 a.m. Trips fill up fast! Occasionally, due to timing, a **trip may not be in the newsletter**. When this happens, the trip will be posted on the bulletin board. Check it often. Trips are subject to change. Please write your **CELL phone number** when signing up.
- **Paying for Trips:** You **MUST PAY** when you sign up. **If you put your name on a trip and do not pay, your name will be removed.**
- **Waiting List:** If there is a cancellation, the coordinator will call you. Do not pay until confirmed.
- **No Extras:** Trips are limited to only the people on the bus. Our coordinators can't accommodate extra tickets, extra people and/or cars following the bus.
- **Cancellations:** Trips are **non-refundable** unless we are able to fill your seat. Bus fares are **non-refundable** even if we fill your seat.
- **Non-Members:** In keeping with the Center policy that non-members may participate in an activity **one time** before becoming a member, non-members may sign up for a group bus trip **one time** with the understanding that if the trip fills up with members on the waiting list, the non-member will not be allowed to participate in the trip. Non-members sign up on the waiting list only. All non-members will be required to sign a waiver prior to boarding the bus.
- **Participant Ability:** Participants must be **self-sufficient**; i.e., self-mobile and able to walk, climb, breathe and keep up with the group. Our bus is **not** handicapped accessible. The Parker Senior Center and its volunteers cannot provide caregiving of any kind. Members may bring a caregiver with them, but the caregiver will need to sign up and pay for the trip as well.

THREE STRIKES RULE (repeat offenders): If you sign up and then cancel **3** trips, you will not be allowed to sign up again for 6 months. After 6 months, you may sign up for a trip. However, if you cancel again, another 6-month restriction will begin. We understand if you are ill or have other emergencies. If you have to cancel, **call the trip coordinator**, only she has the current waiting list. Trip fees are **non-refundable** unless we are able to fill your seat.

Your Trip Coordinator will call you the night before your trip to confirm your reservation. If you receive a call confirming your trip, please call her back as soon as possible or you may lose your reservation. If you are going on a trip and you did not receive a confirmation call from the Coordinator, please call her.

Sherri Anderson 410-533-8539

Rose Whalen 303-618-5528

BUS FUND **Update**

We have received over \$20,000 so far and we have applied for a grant from DRCOG for a new bus. Still waiting on word if it's been approved.



Historical Walking Tour *Downtown Parker*

Saturday, July 13

10:00 to 11:00

**Meet Sherri at 9:50 at the
Gazebo in O'Brien Park**

Step into Parker's past on this hour-long walk through Mainstreet's Historic Downtown District Guided by Parker Arts docents, you will meet some of our town's first citizens, visit early homes and businesses and the Parker Heritage Center. Please bring your own water and wear comfortable shoes. This walking tour is free and appropriate for all ages. Meet Sherri at 9:50 am at the Gazebo in O'Brien Park. We have 6 available slots for this walking tour. Sign up on bulletin board in lobby.

We have 6 available slots, sign up NOW!

Sherri Anderson 410-533-8539



Seven Falls at the Broadmoor *Colorado Springs*

Thursday, July 25

Bus departs the Center 9:00

Returns around 3:00

\$23.00 Entrance & Bus Fare. "The Grandest Mile of scenery in Colorado." Series of waterfalls in box canyon between the Pillars of Hercules. See striking rock formations and lustrous streams that feed the 181' drop of falling water. If you don't want to walk the 0.8 miles to the falls, their free tram will take you there! Lunch at 1858 Restaurant (*separate checks*). If you are on **wait list for July 24 trip**, you have first option to sign up for this trip, by calling Sherri at 410-533-8539.

Sherri Anderson 410-533-8539

Sign up on Monday, July 1

Notice: This trip is in addition to the trip on July 24 with Rose



Denver *Mob Tour*

Friday, August 16

Bus departs the Center 10:00

Returns around 3:30

\$25.00 Tour & Bus Fare. Begin tour at Gaetanos Restaurant founded in the 1930's by the Smaldone family, whose sons went on to become some of Denver's most well-known mobsters. Join mob historian Tom Hackett on this exciting new bus tour through North Denver's Little Italy! We will explore former social clubs, homes and haunts of some of Denver's most influential mobsters, while uncovering the truth behind many of these legends. Lunch at Gaetanos 1:00 (appetizers, soups, salads, burgers, pasta, desserts \$7-12) *separate checks*.

Sign up on Monday, July 1

Sherri Anderson 410-533-8539



Coors Field *Tour & Lunch*

Tuesday, July 9

Bus departs the Center 11:30

Returns around 5:00

\$20.00 Tour & Bus Fare. Coors Field is a baseball park located in downtown Denver, Colorado. It is the home field of the Colorado Rockies Baseball franchise. It is named for the Coors Brewing Company of Golden, Colorado, which purchased the naming rights to the park prior to its completion in 1995. In addition to the ball field, we will tour the locker room rooftop, Mountain Ranch Restaurant, suites and party facilities, just to name a few. Lunch at LaLoma Mexican Restaurant (*separate checks*).

Few seats left, sign up NOW

Rose Whalen 303-618-5528



Iron Springs Dinner & Olio *Manitou Springs*

Saturday, July 20

Bus departs the Center 5:00 p.m.

Returns around 11:00 p.m.

\$50.00 Dinner, Show & Bus Fare. "One Bad Apple or As the Worm Turns" This production is a hilarious musical comedy where you'll boo the villain, cheer your hero, and ooooh and ahhhh your lovely heroine. The melodrama is followed by a sing-along intermission and our fun filled, Vaudeville style musical revue full of comedy, song, dance and jokes! Audience participation is a must, so after dinner go upstairs and be prepared for a fun-filled time!

Few seats left, sign up NOW

Rose Whalen 303-618-5528



Horse Races *Arapahoe Park*

Saturday, August 10
Bus departs the Center 11:30
Returns around 4:00

\$5.00 Entry & Bus Fare. Sit inside in an air-conditioned stadium and bet on the horses! Lunch on your own. Concession food available or pack a lunch. Gift shop and bar open. The three breeds that race are Thoroughbreds, Quarter Horses, and Arabians.

Rose Whalen 303-618-5528

Sign up on Monday, July 1



Mile High Stadium *Lunch at Brooklyn's*

Wednesday, August 14
Bus departs the Center 10:00
Returns around 3:00

\$25.00 Tour & Bus Fare. "Behind the scenes" glimpse into areas rarely seen by the public and some of the unique operations & inner workings of one of the most state-of-the-art stadiums in North America. Public tours of Broncos Stadium

at Mile High are professionally guided by knowledgeable and friendly tour guides from the Colorado Sports Hall of Fame and Museum. Each tour takes approximately 75-90 minutes and is a length of approximately ½ mile. Lunch at Brooklyn's (separate checks).

Rose Whalen 303-618-5528

Sign up on Monday, July 1



Denver Art Museum *Leonardo Da Vinci*

Tuesday, August 6
Bus departs the Center 9:30
RTD Senior Ride

\$23.25 Museum. RTD Bus Fare \$3.00 (pay when you board the bus). Leonardo da Vinci was a true genius who graced this world with his presence from April 15, 1452 to May 2, 1519. He is among the most influential artists in history, having left a significant legacy not only in the realm of art but in science as well, each discipline informing his mastery of the other.

Rose Whalen 303-618-5528

Sign up on Monday, July 1



Longhopes Donkey Shelter *Tour & Lunch*

Thursday, August 8
Bus departs the Center 9:00
Returns around 2:30

\$20.00 Tour & Bus Fare This is a hands-on tour! You are up close. Most adore human contact. Petting and grooming allowed. You will learn their history and how the shelter came to be. Every animal has a unique personality. **No sandals or open toed shoes.** Hats and sunscreen a good idea. Lunch at the High Plains Diner serving burgers, salads and sandwiches (separate checks)

Rose Whalen 303-618-5528

Sign up on Monday, July 1



Butterfly Pavilion

Friday, August 23
Bus departs the Center 9:00
Returns around 3:00

\$20.00 Admission & Bus Fare A great place to visit any time! Enjoy the "Crawl-a-see-em" where you can see Rosie the tarantula and even hold her! The "Waters Edge" has tropical star fish with "hands-on experiences". The "Wings of the Tropics" has butterflies, lush plants, exotic flowers, and pools of fish. Wear layered clothing as you will go from the warm tropics to air-conditioned gift shop. Lunch at Steuben's Diner, serving burgers, sandwiches, soups, salads, classic milk shakes (separate checks).

Rose Whalen 303-618-5528

Sign up on Monday, July 1

Scheduled Trips for JULY

- 2 – Molly Brown House
- 9 – Coors Field
- 10 – Madama Butterfly
- 12 – Cheese Importers
- 17 – Cherokee Ranch
- 20 – Iron Springs Olio
- 24 – Seven Falls (*Rose*)
- 25 – Seven Falls (*Sherri*)



Brass Armadillo

PAYMENT SLIPS

When paying for a trip at the front office, please remember to fill out a "PAYMENT SLIP". This helps us know that you have paid for a trip.



Miniature Golf



Zoology Foundation





Affordable First Class Vacations

***Thank you, AFC for the \$245 donation to our new bus!
We really appreciate it!***

Some of us recently returned from a great trip, with AFC, to Kentucky. While in Louisville, we visited Churchill Downs racetrack, the Muhammad Ali Museum and the Louisville Slugger Baseball Bat Factory, just to name a few fun tours. Several of us were able to take pictures swinging Babe Ruth's and Mickie Mantel's bat.

We traveled to Lexington and did some Bourbon tasting at Makers Mark, visited the Shaker Village and spend a day touring a replica of Noah's Ark. It was quite a site to see!

Have you ever thought of going on a mystery trip? I highly recommend them. Here are some fun offering from AFC:

Late Summer Mystery Tour, August 30 – September 3

Fall Colors Mystery Tour, October 15-19

Holiday Lights Mystery Tour, December 9-12

Call AFC (858) 481-8188 for more information or email joe@afctours.com

Don't forget AFC is taking reservations for our trip to Atlanta in October "Georgia on My Mind" October 20-26. Come and join us!



Happy Travels, Rose Whalen  303-618-5528

***The Center is CLOSED
Thursday, July 4th***

We are open July 5th, but no lunch



***Tuesday Bridge Donates
\$50 to the Center***

Thank you!



Parker Senior Center

"Where Active Seniors Meet"

10675 Longs Way, Parker, CO 80138

303-841-5370

Non-Profit Rate

US Postage

PAID

Permit #136

Parker, CO

80138

Closed

July 4

Corporate Members



Learn how to become a Corporate Member on our website: parkerseniorcenter.org